

All the Feels: Understanding Our Emotions Through the Psalms

Discussion Questions

Week 6: Confusion & Doubt

1. Have you had any personal experience with doubt? Elaborate.
2. How do you generally react to doubt of your own? How do you generally respond to other people's doubt?
3. In the teaching, we mentioned behind a lot of our doubt, is actually an experience that didn't go the way we wanted. Are there any experiences that might be connected to your doubt? What are they?
4. In light of the teaching, what might it look like to respond well to your doubt, and to the doubt of others?
5. What might God be trying to teach you in the midst of your doubt?