

All the Feels: Understanding Our Emotions Through the Psalms

Discussion Questions

Week 3 Pain & Suffering

1. How do you tend to respond to pain and suffering when it happens?
2. What truths about God are hardest for you to remember and believe when you are suffering?
3. Are you currently in a season of pain and/or suffering? Would you feel comfortable sharing details about it?
4. Read the first half of 1 Corinthians 12:26. What does it look like for us to “suffer with you”? How can we pray? How can we help? What truths can we remind you of?