

Formation: The Art & Science of How We Change (Vol. 1: Prayer)

Discussion Questions

Week 3: Prayer Changes Things

1. Read Matthew 6:7-8. Do you ever wonder why God wants you to ask, if he already knows what you need? In what ways?
2. When have you seen God do something surprising or unexpected in response to prayer?
3. Why do you struggle personally to believe God responds to prayer this way?
4. Read Romans 8:26-28. What hope does this give us, regardless of how God responds to our prayers?
5. What would it look like to pray with confidence that God might change things as a result?
6. Pray as a group for things that feel “immovable” around you. What do you want to see God do?