

Formation: The Art & Science of How We Change (Vol. 2: Bible)

Discussion Questions

Week 1: We All Want to Change (and We All Are)

1. What habits in your life (good, bad or neutral) do you feel like have most shaped you into who you currently are?
2. What does your relationship to the bible currently look like? (Frequent, irregular, non-existent, etc.)
3. If your time in the bible is something other than frequent, what are the major obstacles for you when it comes to spending more regular, helpful time in the Scriptures? (Time, desire, ability to understand, etc.)
4. **(Note to leaders: make sure your LifeGroup knows about the reading plan and other resources available at citychurchknox.com/bible)** If you plan to do the year-long reading plan, how can we help each other in setting a regular habit of spending time in the bible?