

GOOD

# Friday



MARCH 29TH

7PM

From noon until three in the afternoon darkness came over all the land. About three in the afternoon Jesus cried out in a loud voice, “Eli, Eli, lema sabachthani?” (which means “My God, my God, why have you forsaken me?”). When some of those standing there heard this, they said, “He’s calling Elijah.” Immediately one of them ran and got a sponge.

– Matthew 27v45–50

GOOD

**Friday**

**He filled it with wine vinegar, put it on a staff, and offered it to Jesus to drink. The rest said, “Now leave him alone. Let’s see if Elijah comes to save him.” And when Jesus had cried out again in a loud voice, he gave up his spirit.**

**– Matthew 27v45–50**

**GOOD  
Friday**

GOOD

**Friday**

**MY GOD, MY GOD,  
WHY HAVE YOU  
FORSAKEN ME?**

GOOD

**Friday**

**My God, my God, why have you forsaken me?  
Why are you so far from saving me, so far  
from my cries of anguish? My God, I cry out  
by day, but you do not answer, by night, but I  
find no rest. Yet you are enthroned as the  
Holy One; you are the one Israel praises. In  
you our ancestors put their trust; they trusted  
and you delivered**

**– Psalm 22v1–8**

**GOOD**

**Friday**

**them. To you they cried out and were saved;  
in you they trusted and were not put to  
shame. / But I am a worm and not a man,  
scorned by everyone, despised by the people.  
All who see me mock me; they hurl insults,  
shaking their heads. “He trusts in the Lord,”  
they say, “let the Lord rescue him. Let him  
deliver him, since he delights in him.”**

**– Psalm 22v1–8**

**GOOD**

**Friday**

GOOD

**Friday**



**At that moment the curtain of the temple was  
torn in two from top to bottom.**

**– Matthew 27v51**

GOOD  
**Friday**

GOOD

**Friday**

**Therefore, brothers and sisters, since we have confidence to enter the Most Holy Place by the blood of Jesus, by a new and living way opened for us through the curtain, that is, his body...**

**– Hebrews 10v19–20**

**GOOD  
Friday**

GOOD

**Friday**

**The earth shook, the rocks split [52] and the tombs broke open. The bodies of many holy people who had died were raised to life. [53] They came out of the tombs after Jesus' resurrection and went into the holy city and appeared to many people.**

**– Matthew 27v51–53**

**GOOD  
Friday**

GOOD

**Friday**

**When the centurion and those with him who were guarding Jesus saw the earthquake and all that had happened, they were terrified, and exclaimed, “Surely he was the Son of God!”**

**– Matthew 27v54**

**GOOD  
Friday**

GOOD

**Friday**



**MY GOD, MY GOD,  
WHY HAVE YOU  
FORSAKEN ME?**

GOOD

**Friday**

US

GOOD  
**Friday**

GOOD

**Friday**

How deep the Father's love for us  
How vast, beyond all measure  
That he would give his only Son  
To make a wretch his treasure

How great the pain of searing loss  
The Father turns his face away  
As wounds which mark the Chosen One  
Bring many sons to glory

GOOD

**Friday**

GOOD

**Friday**