



ALL



FEEELS

**UNDERSTANDING OUR
EMOTIONS THROUGH
THE PSALMS**

PSALM 94

(PAGE 286 IN OUR BIBLES)

ALL *the* **FEELS**

ANGER:

**AN EMOTIONAL RESPONSE TO
A PERCEIVED INJUSTICE**

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GOOD SENSE MAKES ONE **SLOW TO ANGER**, AND IT IS HIS GLORY TO **OVERLOOK AN OFFENSE.**

PROVERBS 19:11

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THREE QUESTIONS TO ASK ABOUT YOUR ANGER:

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THREE QUESTIONS TO ASK ABOUT YOUR ANGER:

1. WHAT AM I ANGRY ABOUT?

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THREE QUESTIONS TO ASK ABOUT YOUR ANGER:

1. WHAT AM I ANGRY ABOUT?
2. IS IT A LEGITIMATE INJUSTICE?

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THREE QUESTIONS TO ASK ABOUT YOUR ANGER:

1. WHAT AM I ANGRY ABOUT?
2. IS IT A LEGITIMATE INJUSTICE?
3. IS MY ANGER PROPORTIONATE
TO THE OFFENSE?

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PSALM 94
(PAGE 286 IN OUR BIBLES)

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**MY EMOTIONS DON'T MAKE
THE TRUTH NOT TRUE,
AND THE TRUTH DOESN'T
MAKE MY EMOTIONS
NOT MATTER.**

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PSALM 94
(PAGE 286 IN OUR BIBLES)

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**GOD WILL ADDRESS
ALL INJUSTICE**

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BELOVED, **NEVER AVENGE YOURSELVES,**
BUT **LEAVE IT TO THE WRATH OF GOD,** FOR
IT IS WRITTEN, "**VENGEANCE IS MINE, I**
WILL REPAY, SAYS THE LORD." TO THE
CONTRARY, "IF YOUR ENEMY IS HUNGRY,
FEED HIM; IF HE IS THIRSTY, GIVE HIM
SOMETHING TO DRINK; FOR BY DOING SO

ROMANS 12:19-21

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YOU WILL HEAP BURNING COALS ON HIS HEAD.” **DO NOT BE OVERCOME BY EVIL, BUT OVERCOME EVIL WITH GOOD.**

ROMANS 12:19-21

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**GOD HAS ADDRESSED
OUR INJUSTICE**

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FOR CHRIST ALSO DIED FOR SINS ONCE FOR ALL, **THE JUST FOR THE UNJUST**, SO THAT HE MIGHT BRING US TO GOD...

1 PETER 3:18

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