



ALL



FEEELS

**UNDERSTANDING OUR
EMOTIONS THROUGH
THE PSALMS**

PSALM 22

(PAGE 260 IN OUR BIBLES)

ALL *the* **FEELS**



ALL *the* **FEELS**

**A FREEDOM
TO GRIEVE**

ALL *the* **FEELS**

**A SAVIOR
WHO KNOWS**

ALL *the*
FEELS

PSALM 22:7-8: ALL WHO SEE ME **MOCK ME**; THEY
MAKE MOUTHS AT ME; THEY **WAG THEIR HEADS**;
“**HE TRUSTS IN THE LORD; LET HIM DELIVER
HIM; LET HIM RESCUE HIM, FOR HE DELIGHTS IN
HIM!**”

ALL *the*
FEELS

PSALM 22:7-8: ALL WHO SEE ME **MOCK ME**; THEY MAKE MOUTHS AT ME; THEY **WAG THEIR HEADS**; “**HE TRUSTS IN THE LORD; LET HIM DELIVER HIM; LET HIM RESCUE HIM, FOR HE DELIGHTS IN HIM!**”

MATTHEW 27:39, 43: AND THOSE WHO PASSED BY **DERIDED HIM, WAGGING THEIR HEADS**, AND SAYING [...] “**HE TRUSTS IN GOD; LET GOD DELIVER HIM NOW, IF HE DESIRES HIM...**”

ALL *the*
FEELS

PSALM 22:18: THEY DIVIDE MY GARMENTS
AMONG THEM, AND FOR MY CLOTHING THEY
CAST LOTS.

ALL *the*
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PSALM 22:18: THEY DIVIDE MY GARMENTS
AMONG THEM, AND FOR MY CLOTHING THEY
CAST LOTS.

MATTHEW 27:35: AND WHEN THEY HAD
CRUCIFIED HIM, **THEY DIVIDED HIS GARMENTS**
AMONG THEM BY **CASTING LOTS.**

ALL  **FEELS**

**PSALM 22:1: MY GOD, MY GOD, WHY HAVE YOU
FORSAKEN ME?**

ALL *the* **FEELS**

PSALM 22:1: MY GOD, MY GOD, WHY HAVE YOU FORSAKEN ME?

MATTHEW 27:46: AND ABOUT THE NINTH HOUR JESUS CRIED OUT WITH A LOUD VOICE, SAYING, “ELI, ELI, LEMA SABACHTHANI?” THAT IS, “**MY GOD, MY GOD, WHY HAVE YOU FORSAKEN ME?**”

ALL *the*
FEELS



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FOR IT WAS **FITTING** THAT **HE**, FOR WHOM
AND BY WHOM ALL THINGS EXIST, IN
BRINGING MANY SONS TO GLORY,
**SHOULD MAKE THE FOUNDER OF THEIR
SALVATION PERFECT THROUGH
SUFFERING.**

HEBREWS 2:10

ALL *the*
FEELS



ALL *the* **FEELS**