

AS JESUS AND HIS DISCIPLES WERE ON THEIR WAY, HE CAME TO A VILLAGE WHERE A WOMAN NAMED MARTHA OPENED HER HOME TO HIM. SHE HAD A SISTER CALLED MARY, WHO SAT AT THE LORD'S FEET LISTENING TO WHAT HE SAID. BUT MARTHA WAS DISTRACTED BY ALL THE PREPARATIONS THAT HAD TO BE MADE. SHE CAME TO HIM AND ASKED, "LORD, DON'T YOU CARE THAT

LUKE 10:38-42

MY SISTER HAS LEFT ME TO DO THE WORK BY MYSELF? TELL HER TO HELP ME!” “MARTHA, MARTHA,” THE LORD ANSWERED, “YOU ARE WORRIED AND UPSET ABOUT MANY THINGS, BUT FEW THINGS ARE NEEDED—OR INDEED ONLY ONE. MARY HAS CHOSEN WHAT IS BETTER, AND IT WILL NOT BE TAKEN AWAY FROM HER.”

LUKE 10:38-42



**Overcoming Seven
Enemies of the Soul**



Killjoys



Busyness

Apathy

Lust

Approval

Cynicism

Anxiety

Pride



HURRY IS THE GREAT ENEMY OF SPIRITUAL LIFE
IN OUR DAY. YOU MUST RUTHLESSLY ELIMINATE
HURRY FROM YOUR LIFE.

DALLAS WILLARD



FOR MANY OF US, THE GREAT DANGER IS NOT THAT WE WILL RENOUNCE OUR FAITH. IT IS THAT WE WILL BECOME SO DISTRACTED AND RUSHED AND PREOCCUPIED THAT WE WILL SETTLE FOR A MEDIOCRE VERSION OF IT. WE WILL JUST SKIM OUR LIVES INSTEAD OF ACTUALLY LIVING THEM.

JOHN ORTBERG



IT MAY BE THE CASE THAT (1) CHRISTIANS ARE ASSIMILATING TO A CULTURE OF BUSYNESS, HURRY AND OVERLOAD, WHICH LEADS TO (2) GOD BECOMING MORE MARGINALIZED IN CHRISTIANS' LIVES, WHICH LEADS TO (3) A DETERIORATING RELATIONSHIP WITH GOD, WHICH LEADS TO (4) CHRISTIANS BECOMING EVEN MORE VULNERABLE TO ADOPTING

MICHAEL ZIGARELLI



SECULAR ASSUMPTIONS ABOUT HOW TO LIVE,
WHICH LEADS TO (5) MORE CONFORMITY TO A
CULTURE OF BUSYNESS, HURRY AND
OVERLOAD. AND THEN THE CYCLE BEGINS
AGAIN.

MICHAEL ZIGARELLI





Killjoys

LUKE 10

V. 38-42





Killjoys

“HURRY SICKNESS”

A MALAISE IN WHICH A PERSON FEELS CHRONICALLY SHORT OF TIME, AND SO TENDS TO PERFORM EVERY TASK FASTER AND TO GET FLUSTERED WHEN ENCOUNTERING ANY KIND OF DELAY.





Killjoys

I'M IN A HURRY TO GET THINGS DONE. I'M
RUSHING AND RUSHING UNTIL LIFE'S NO FUN.
ALL I'VE REALLY GOTTA DO IS LIVE AND DIE,
BUT I'M IN A HURRY AND DON'T KNOW WHY.

ALABAMA





SIGNS OF CHRONIC BUSYNESS:

- IRRITABILITY



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- **RESTLESSNESS & WORKAHOLISM**



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- **ESCAPIST BEHAVIORS**



SIGNS OF CHRONIC BUSYNESS:

- **IRRITABILITY**
- **RESTLESSNESS & WORKAHOLISM**
- **ESCAPIST BEHAVIORS**
- **LACK OF CARE FOR YOUR BODY**



SIGNS OF CHRONIC BUSYNESS:

- IRRITABILITY
- RESTLESSNESS & WORKAHOLISM
- ESCAPIST BEHAVIORS
- LACK OF CARE FOR YOUR BODY
- **EMOTIONAL NUMBNESS**



SIGNS OF CHRONIC BUSYNESS:

- IRRITABILITY
- RESTLESSNESS & WORKAHOLISM
- ESCAPIST BEHAVIORS
- LACK OF CARE FOR YOUR BODY
- EMOTIONAL NUMBNESS
- **ISOLATION**



SIGNS OF CHRONIC BUSYNESS:

- IRRITABILITY
- RESTLESSNESS & WORKAHOLISM
- ESCAPIST BEHAVIORS
- LACK OF CARE FOR YOUR BODY
- EMOTIONAL NUMBNESS
- ISOLATION





Killjoys

SIGNIFICANCE



SIGNIFICANCE & DISTRACTION





SILENCE AND SOLITUDE ARE COUNTERMEASURES FOR A WORLD THAT TRIES TO PERSUADE US THAT OUR WORTH IS MEASURED BY OUR USEFULNESS. THESE EXPERIENCES REMIND US THAT WE HAVE INTRINSIC VALUE TO GOD. WE DO NOT HAVE TO PRODUCE TO BE LOVED AND ACCEPTED BY HIM.

JOHN KOESSLER





I AM THE VINE; YOU ARE THE BRANCHES.
WHOEVER ABIDES IN ME AND I IN HIM, HE IT IS
THAT BEARS MUCH FRUIT, FOR APART FROM ME
YOU CAN DO NOTHING. IF ANYONE DOES NOT
ABIDE IN ME HE IS THROWN AWAY LIKE A
BRANCH AND WITHERS; AND THE BRANCHES
ARE GATHERED, THROWN INTO THE FIRE, AND
BURNED.

JOHN 15:5-6



